

## **Anesthesia (Category 1 Program)**

A GP Anesthetist provides services in rural community hospitals through general, neuraxial and regional anesthesia in operating rooms, providing epidural anesthesia for obstetrical patients and procedural sedation in the ER. A GP Anesthetist also provides expertise around hospital neonatal resuscitation, difficult airway management as well as acute and chronic pain, palliative care management.

Your third year will include:

- 3 x 2 months in Hamilton teaching hospitals
- 2 x 3 months in community hospitals (many options but examples include Brantford, Barrie)
- Horizontal experience with FPA (Grimsby, Collingwood)
- Academic half day with RCPS residents

## **Care of the Elderly (Category 1 Program)**

The Care of the Elderly Program is a six- or 12-month fellowship aimed at individuals wanting to gain more skills in dealing with complex geriatric patients. Residents complete rotations in geriatric medicine, geriatric psychiatry and palliative care in both hospital and community settings. Graduates from the program have worked as hospitalists, family doctors with a special focus in geriatrics, and geriatric consultants in smaller communities.

## **Emergency Medicine (Category 1 Program)**

The Family Medicine/Emergency Medicine Residency Program is administered by the Department of Family Medicine. It is designed to provide physicians who have completed a Family Medicine residency with the specific competence to practice Emergency Medicine, and the leadership skills to assess, promote, and integrate emergency health services in the community.

The program involves the teaching hospitals of the Hamilton region. The hospitals are organized such that there are regional programs which concentrate specialized facilities at specific locations, for example, Burn/Trauma at the Hamilton General, Pediatric Trauma at McMaster Hospital, Oncology at Juravinski Cancer Centre, and Emergency Psychiatry at St. Joseph's. Community-based rotations may include, among others, St. Catharines General Hospital, The Royal Victoria Hospital, Brantford General Hospital and Grand River Hospital. These institutions offer Emergency Departments with a good patient volume, supported by comprehensive medical and surgical services. Residents are exposed to a wide range of patient problems, as well as specific focus in different rotations.

Note: The Enhanced Skills Emergency Medicine Program is a separate CaRMS based process. Please see the CaRMS website for more information - <http://www.carms.ca/en/residency/fmem/>

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*For more information, visit our website*

<https://fammedmcmaster.ca/education/postgraduate/enhanced-skills/>

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## ***Obstetrics and Women's Health (Category 2 Program)***

Learning opportunities will be geared to the applicant's objectives for the program and can generally be self-directed. Obstetrical experiences may be arranged at St. Joseph's Healthcare in Hamilton, William Osler in Brampton, Grand River Hospital in Kitchener-Waterloo or other non-teaching hospitals such as Brantford or Etobicoke. Other aspects of Women's Health, such as gynecology (including colposcopy and other procedures), mood and eating disorders, may also be arranged as per individual interest. Schedules can be flexible and may be self-designed depending on preceptor availability and trainee interest.

## ***Palliative Care (Category 1 Program)***

The Year of Added Competency (YAC) in Palliative Medicine is a 12-month training program accredited by the College of Family Physicians of Canada (Category 1). Graduates of the program are eligible for a Certificate of Added Competence from the CFPC and achieve the CCFP(PC) designation. Individuals who complete this training typically have careers in which they dedicate a substantial portion of their clinical practice to the provision of palliative care. For example, they might act as medical directors for local residential hospices or work with a specialized palliative care team.

- The training involves clinical rotations in a variety of palliative care settings such as acute care consultation; home-visiting community team; outpatient clinic; and palliative care unit or hospice. Rotations in oncology and chronic pain are also included.
- Residents will participate in academic half-day teaching sessions throughout the program and conduct a scholarly project.
- Candidates should reflect upon their future roles in supporting system approaches and capacity building models for palliative care.

## ***Sports Medicine (Category 1 Program)***

The Sport and Exercise Medicine Program at McMaster University is designed to provide residents with a broad experience in all aspects of practice in sport and exercise medicine. Highlights of the program include:

- Focus on office-based primary care sport & exercise medicine
- Significant experience managing SEM problems across all age ranges
- Significant experience working with both amateur and professional sport teams as well as event coverage
- Significant experience in SEM applicable procedural skills (injections, PRP, fracture management, dislocation management, etc.)
- Elective opportunities throughout program

Residents will be exposed to a comprehensive SEM educational opportunity, and upon successful completion, will qualify for a Certificate of Added Competence in Sport and Exercise Medicine from the CFPC, as well as qualifying to sit the CASEM diploma exam in SEM.

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For more information, visit our website

<https://fammedmcmaster.ca/education/postgraduate/enhanced-skills/>

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Other self-designed rural and self-designed urban experiences are available that can be designed to fit a resident's training needs. Please contact the Enhanced Skills Director for more information.

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