

Enhanced Skills Information Sheet

Anesthesia (Category 1 Program)

A GP Anesthetist provides services in rural community hospitals through general, neuraxial and regional anesthesia in operating rooms, providing epidural anesthesia for obstetrical patients and procedural sedation in the ER. A GP Anesthetist also provides expertise around hospital neonatal resuscitation, difficult airway management as well as acute and chronic pain, palliative care management.

Here is an outline of the third year:

- 3 x 2 months in Hamilton teaching Hospitals
- 2 x 3 months in community hospitals (many options but examples include Brantford, Barrie)
- Horizontal experience with FPA (Grimsby, Collingwood)
- Academic half day with RCPS residents

For more information contact:

Dr. Jesse Guscott

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Care of the Elderly (Category 1 Program)

The Care of the Elderly Program is a six or twelve month fellowship aimed at individuals wanting to gain more skills in dealing with complex geriatric patients. Residents do rotations in geriatric medicine, geriatric psychiatry and palliative care in both hospital and community settings. Graduates from the program have worked as hospitalists, family doctors with a special focus in geriatrics and geriatric consultants in smaller communities.

For more information contact:

Dr. Henry Siu

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Emergency Medicine (Category 1 Program)

The Family Medicine/Emergency Medicine Residency Program is administered by the Department of Family Medicine. It is designed to provide physicians, who have completed a Family Medicine residency, with the specific competence to practice Emergency Medicine and the leadership skills to assess, promote, and integrate emergency health services in the community.

The program involves the teaching hospitals of the Hamilton Health Region. The hospitals are organized such that there are regional programs which concentrate specialized facilities at specific locations, for example, Burn/Trauma at the Hamilton General, Pediatric Trauma at McMaster Hospital, Oncology at Henderson, and Emergency Psychiatry at St. Joseph's. Community based rotations may include, amongst others, St. Catharines General Hospital, The Royal Victoria Hospital, Brantford General Hospital and Grand River Hospital. These institutions offer Emergency Departments with a good patient volume supported by comprehensive Medical and Surgical services. This will expose the resident to a wide range of patient problems, as well as specific focus in different rotations.

For more information contact:

Dr. Greg Rutledge

rutledge.greg@hotmail.com

Palliative Care (Category 1 Program)

The Year of Added Competency (YAC) in Palliative Medicine is a 12-month training program accredited by the College of Family Physicians of Canada (Category 1) and the Royal College of Physicians and Surgeons of Canada. Graduates of the program are eligible for a Certificate of Added Competency from the CFPC and gain CCFP (PC) status. Individuals who complete this training typically have careers in which they dedicate a substantial portion of their clinical practice to the provision of palliative care. For example, they might act as medical directors for local residential hospices or work with a specialized palliative care team.

- The training involves clinical rotations in a variety of palliative care settings such as acute care consultation; home-visiting community team; outpatient clinic; and palliative care unit or hospice. Rotations in oncology and chronic pain are also included.
- Residents will participate in academic half-day teaching sessions throughout the program and conduct a scholarly project.
- Candidates should reflect upon their future roles in supporting system approaches and capacity building models for palliative care.

For more information contact:

Dr. Alan Taniguchi

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Sports Medicine (Category 1 Program approval in progress)

The Sport and Exercise Medicine Enhanced Skills Program at McMaster University is designed to provide residents with a broad experience in all aspects of practice in sport and exercise medicine. Highlights of the program include:

- Focus on office based primary care sport and exercise medicine.
- Significant experience managing SEM problems across all age ranges
- Hands on experience working with both amateur and professional sport teams as well as event coverage
- Significant experience in SEM applicable procedural skills (injections, PRP, fracture management, dislocation management, etc)
- Elective opportunities throughout program

Residents will be exposed to a comprehensive SEM educational opportunity, and upon successful completion will qualify for application to CAC in Sport and Exercise Medicine as well as be expected to complete the CASEM Diploma in SEM.

For more information contact:

Dr. Wade Elliott

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Obstetrics and Women's Health (Category 2 Program)

Learning opportunities will be geared to the applicant's objectives for the program and can generally be self-directed. Obstetrical experiences may be arranged at St. Joseph's Healthcare in Hamilton, William Osler in Brampton, Grand River Hospital in Kitchener-Waterloo or other non-teaching hospitals such as Brantford or Etobicoke. Other aspects of Women's Health, such as gynecology (including colposcopy and other procedures), mood and eating disorders, may also be arranged as per individual interest. Schedules can be flexible and may be self-designed depending on preceptor availability and trainee interest.

For more information contact:

Dr. Amie Davis

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Self-Designed Urban and Rural (Category 2 Programs)

Other self-directed rural and self-directed urban experiences are available that can be designed to fit a resident's training needs. Please contact the Enhanced Skills Director for more information.

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