

Enhanced Skills in Care of the Elderly

(<https://fammedmcmaster.ca/residency-applicants/pgy3-enhanced-skills/care-of-the-elderly>)

This program is accredited by the College of Family Physicians of Canada and will be offered to residents nationally. Funding for this PGY3 year is available through the urban stream. The current active training site is Hamilton.

The objectives of this program are to develop clinical knowledge skills and attitudes required for high quality care of the elderly, evidence-based medicine skills, experience in interdisciplinary care, and leadership skills for the care of the elderly within the community. Each resident will identify and develop specific skills in research, education or administration/health policies.

Those wishing to enter the PGY3 program from residency should apply at the appropriate time during their PGY2 year. The schedule for these PGY3 residents will follow the academic block schedule set out by Postgraduate Medicine.

Those applicants wishing to re-enter the PGY3 program should consult the **Re-Entry Training Program:** (<http://www.health.gov.on.ca/en/pro/programs/hhrsd/physicians/licensing.aspx>) on the Ministry of Health and Long-Term Care website in order to apply for approved funding. Re-entry PGY3 candidates are not restricted by the academic blocks and can enter at any time. Please note that all re-entry positions carry a two-year return of service agreement anywhere in Ontario.

Time available: 12 month program

Learning experiences available:

- 1 Hospital in-patient unit
- 2 Geriatric Assessment Unit
- 3 Out-patient consultation clinic
- 4 Palliative care
- 5 Geriatric psychiatry
- 6 In patient geriatric consultations
- 7 Clinical pharmacology
- 8 Wound care
- 9 Long-term care

Mandatory longitudinal academic component (one half day a week): Weekly seminar program and journal club with residents from the Division of Geriatric medicine

Mandatory longitudinal primary care experience (one half day a week): A mandatory primary care experience in long-term care (LTC) is expected during a second protected half-day. This experience will be for six months during the PGY3

program. The entire experience should occur in one LTC home, however, a minimum of 12 weeks should be undertaken at any one LTC site prior to switching sites. A local on-site LTC physician will supervise the PGY3 resident.

For the additional six months, a PGY3 resident will have a longitudinal family medicine clinic half day back. Because an overarching goal of the program is to develop family physicians that have additional expertise in caring for the elderly, this continuity experience is mandated to maintain the PGY3 resident’s competency and skills in the other areas of general family medicine during this training year.

Mandatory scholarly component:

These blocks will be offered under the supervision of the PGY3 COE Program Director, and can include work towards a self-directed research project, curriculum development, fostering leadership and community engagement. This component will be scheduled in the second half of the 12-month program. A scholarly project, with deliverables, will be developed with consultation with the PGY3 COE Program director. Concurrent with the scholarly component will be the academic half-day, the LTC or family medicine clinic half day, and a full day horizontal wound care experience.

Sample Care of the Elderly 12 month Schedule:

Learning experience	Number of blocks
Geriatric Assessment Unit	2 (1 block will be as Junior attending)
Inpatient consultations	1
Outpatient consultations	2
Geriatric psychiatry	1
Palliative Care	1
Clinical pharmacology	1
Electives	2
Academic block -Scholarly component (2-3 days a week) -One half day AHD -One half day LTC/FM clinic -One full day horizontal wound care experience -Outpatient chief clinics	3
TOTAL Blocks	13

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For further program details please contact: fmpgy3@mcmaster.ca